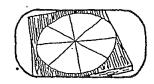


The Edible Art

Flip 'em Rolls

- 1. Roll 1 pound of dough into a 13– to 14– inch circle about 1/4 inch thick.
- 2. Using a pizza cutter, cut circle into 12 equal wedge-shaped pieces.
- 3. Pick up each triangle at the wide edge and flip the dough toward you to form a crescent-shaped roll.
- 4. Pinch the point to the roll to prevent unrolling and lay point side down on a lightly greased baking sheet.
- 5. Curve end of each roll on baking sheet to make crescent
- Cover and let rise until almost double in size.
- 7. Bake at 400°F for 12-13 minutes or until golden.





Breadsticks

- 1. Use on piece of dough. (2 ounces)
- 2. Form a rope of dough about 12 inches long. Place your hands at each end and twist by moving your hands in the opposite direction until the rope is about 14 -16 inches long.
- 3. Pick up the twisted rope holding the ends. It should automatically twist together. Pinch the ends together to seal.
- 4. Place on parchment-lined or lightly-greased baking sheet.
- 5. If desired, lightly mist breadsticks with water and sprinkle on sesame seeds, poppy seeds, Italian seasoning, grated Parmesan cheese or brush with egg wash.
- 6. Cover and let rise until breadsticks are almost double in size.
- 7. Bake at 400°F for 12-15 minutes until golden.

Rosettes

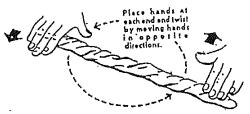
- Roll 1 pound of dough into a 6 x 12-inch rectangle 1/2-inch thick.
- 2. Starting from 6-inch side, cut into 1-inch-wide strips.
- 3. Roll into 14-inch ropes.
- 4. Tie in a loose knot, leaving two long ends.
- 5. Tuck one end under the roll and pinch to seal. Bring the other end up and over the roll and pinch to seal on the underneath side.
- 6. Place on greased baking sheet about 2 inches apart leaving a small opening in the center of the rosette. Cover and let rise until double.
- Bake at 375°F for 13-14 minutes.

Pretzels

- 1. Roll dough pieces into ropes about the size of a pencil.
- 2. Shape into pretzels by making a circle, bringing ends together, twisting twice and pressing ends onto bottom curve of circle.
- 3. Place on lightly greased baking sheets and shape to resemble hearts.
- 4. Brush with egg wash (1 egg and 1 Tbsp. water) and sprinkle with sesame or poppy seeds.
- 5. Bake at 400°F for 16-18 minutes or until golden.

Twist Bunnies

- 1. Roll out a 2-ounce piece of dough into a 14-inch rope.
- Form a loop and twist, leaving ends of ropes extended to form ears.
- 3. Pinch tip of ear to form a point.
- 4. For tail, place a small ball of dough in center of loop.
- 5. Cover and let rise until almost double.
- 6. Bake at 375°F for 12-15 minutes.

















Curlicue Bunnies

- 1. Using a 10-inch rope of dough for the body and a 5-inch rope for the head and working on a lightly greased baking sheet, make a loose swirl of the rope for the body.
- 2. Swirl the rope for the head and place close to the body.
- 3. For ears, pinch off 1-inch strips and roll between hands until smooth and cigar-shaped.
- 4. Place ears on head.
- 5. Pinch off a tiny piece of dough and roll into a ball for the tail.
- 6. Cover and let rise until almost double.
- 7. Bake at 375°F for 12-15 minutes or until golden.

Tortoises

- 1. Form a piece of dough about the size of a large egg into a smooth ball.
- 2. Place on a lightly greased baking sheet and flatten slightly with hand.
- 3. Add small piece of dough for head, four smaller pieces for legs and an even smaller piece for tail.
- 4. Pinch end of tail and legs to form a point. Press well to seal into position on body.
- 5. With scissors, clip into dough to form eyes.
- 6. With scissors, clip head to form mouth.
- 7. With sharp knife, make shallow cuts lengthwise and crosswise to form tortoise's shell markings.
- 8. Cover and let rise until double.
- 9. If desired, brush tortoise with milk or egg wash.
- 10. Bake at 400 °F for 15-18 minutes or until golden. Tortoises should sound hollow when tapped.

Rocking Robins

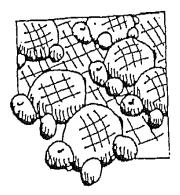
- 1. Roll a 2 ounce piece of dough into a 10-inch rope.
- 2. Make a loop. Put one end of the dough through the center. The long end of the knot will be the Robin's tail, the other will be his head.
- 3. Place the robins on a parchment-lined or lightly–greased baking sheet.
- 4. With scissors, cut 4 slashes in the widest end and spread to form tail feathers.
- 5. Form the other end to resemble a head. With scissors, cut an opening for the beak and place a slivered almond inside.
- 6. Brush with egg wash. With scissors, clip holes in dough and place currants in for eyes.
- 7. Cover and let rise until almost double in size.
- 8. Bake at 350 °F for 12-15 minutes.

Sheaf of Wheat

- 1. Using 1 1/2 pounds of dough, divide into 18 equal pieces.
- 2. Roll two of the pieces into 12-inch ropes, twist together and set aside. Roll 8 of the pieces into uniform 18-inch ropes and the remaining eight pieces into 15-inch ropes. Cover to avoid drying out.
- 3. On a lightly-greased baking sheet, place one 18-inch rope lengthwise in the center. Bend top to the left to create a curve. Place a second 18-inch rope beside the first rope, bending its top to the right. Repeat procedure, using each of the remaining 18-inch ropes.
- 4. Place one 15-inch rope on each side of the sheaf, bending top. Place remaining 15-inch ropes on top of the bottom layer, placing ropes so they cover the space between the bottom ropes.
- 5. Arrange reserved twist across center of sheaf, extending 1-inch past sheaf. Cut off extra length and tuck under sheaf.
- 6. Cover and let rise until almost double. With scissors, carefully make diagonal snips along bent "heads" of wheat.
- 7. Beat one egg with 1 tablespoon water and carefully brush thoroughly over all the surface of the sheaf.
- 8. Bake at 350°F 20 to 25 minutes or until golden. If outer edges bake faster, tent with aluminum foil for the last few minutes.

Note: If you wish to dry out the sheaf so it will keep longer, lower oven temperature to 250°F and bake an additional 30 minutes.













Braid with Filling

- 1. Before shaping dough, prepare your favorite fruit filling and let cool. Canned pie filling may be used.
- 2. Roll 1 pound of dough into an 8 x 16-inch rectangle and place on greased baking sheet.
- 3. Spread 1 cup filling onto center third of rectangle. Make cuts in dough along each side of filling 1 inch apart.
- 4. Fold strips at an angle over filling, alternating side-to-side.
- 5. Cover and let rise until double.
- 6. Bake in preheated 350°F oven 20 to 30 minutes until done.





Snowflakes

- 1. Prepare recipe in bread machine on dough cycle. On lightly-floured work space, divide dough into 8 equal pieces. Dough handles best when cold. Refrigerate for at least 2 hours.
- 2. Roll each piece into a 6-inch square or circle.
- 3. Lightly re-flour work place. Flip dough to flour both sides. Fold in half, but do not press together. Re-flour and fold dough over a second time.
- 4. Make scissor cuts along the outside edges, snipping left and right to cut small pieces out.
- 5. Lay the snowflake onto lightly greased baking sheet and gently unfold it.
- 6. Bake at 375°F for 10-12 minutes or until golden.
- 7. When cool, sprinkle snowflakes lightly with powdered sugar.

Holiday Angels

- 1. To make 6 angels use 1 pound of dough.
- 2. Set aside 1/4 of the dough (about 4 ounces).
- 3. Roll the remaining dough into an 8 x 12-inch rectangle.
- 4. Cut in half lengthwise, then crosswise to form six 4-inch squares.
- 5. Cut each square from the bottom corners diagonally to the top center.
- 6. Place on a parchment-lined or lightly-greased baking sheet, separating the dough pieces to from the wings and body.
- 7. Shape the reserved dough into 6 balls, flattening slightly. Place on the angel to form the head.
- 8. Half 6 raisins or use whole currants for the eyes. With scissors, clip a small hole and press raisins or currants into the head to form the eyes.
- 9. Cover the angels and let them rise until almost double in size.
- 10. Bake at 375°F for 15-20 minutes or until golden brown.



Rediscover Wheat

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